

Peppermint Candy

MUG RUG TUTORIAL



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Supplies:

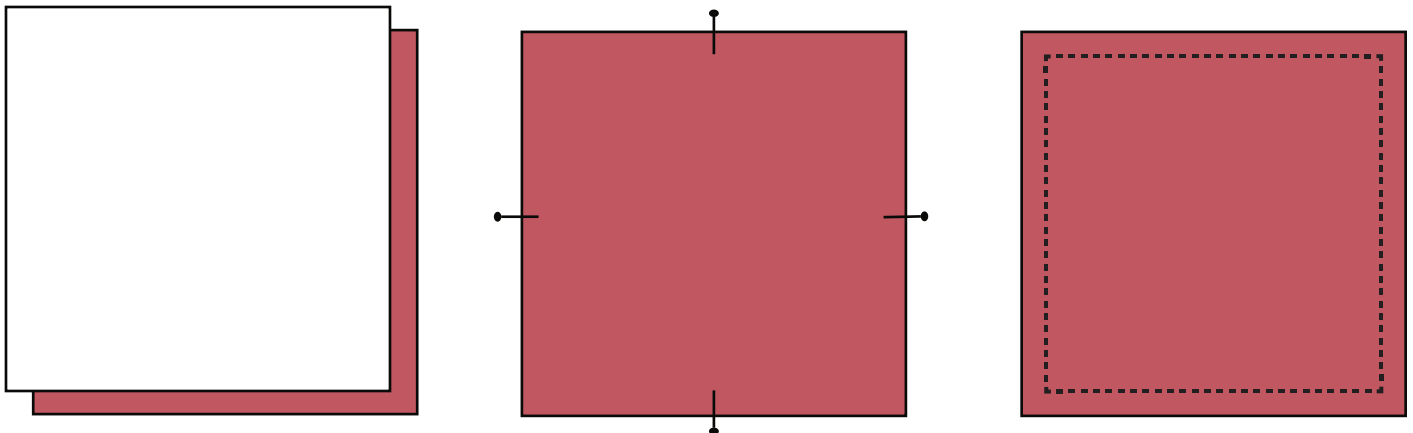
- 7" square of red fabric
- 7" square of white fabric
- 1 FQ for bias binding
- 10" square of backing fabric
- 10" square of batting
- circle template (included at the end)
- rotary cutter + mat + ruler
- fabric marker
- hand sewing needle + thread for binding

Step One

To create the base block for cutting out your peppermint, you will create a simple pinwheel block!

Begin by placing your 7" white and red squares right sides together and pin.

Sew a 1/4" seam all the way around your pinned square.



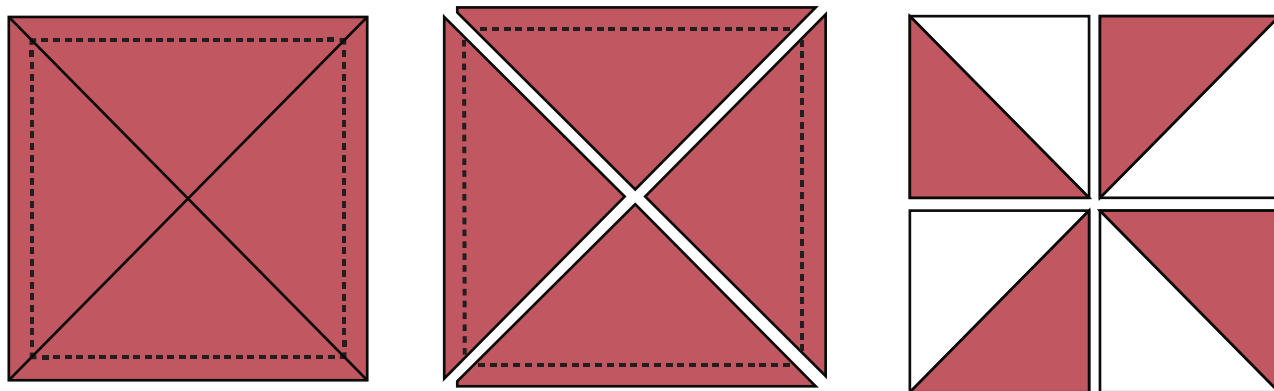
Step Two

Using your rotary cutter and ruler, cut your sewn square across each diagonal.

You have quickly created (4) identical 4.5" half-square triangles (HST)!

Open up and press each HST and then trim off the overhanging little triangles.

Arrange each HST as shown to create a pinwheel layout.

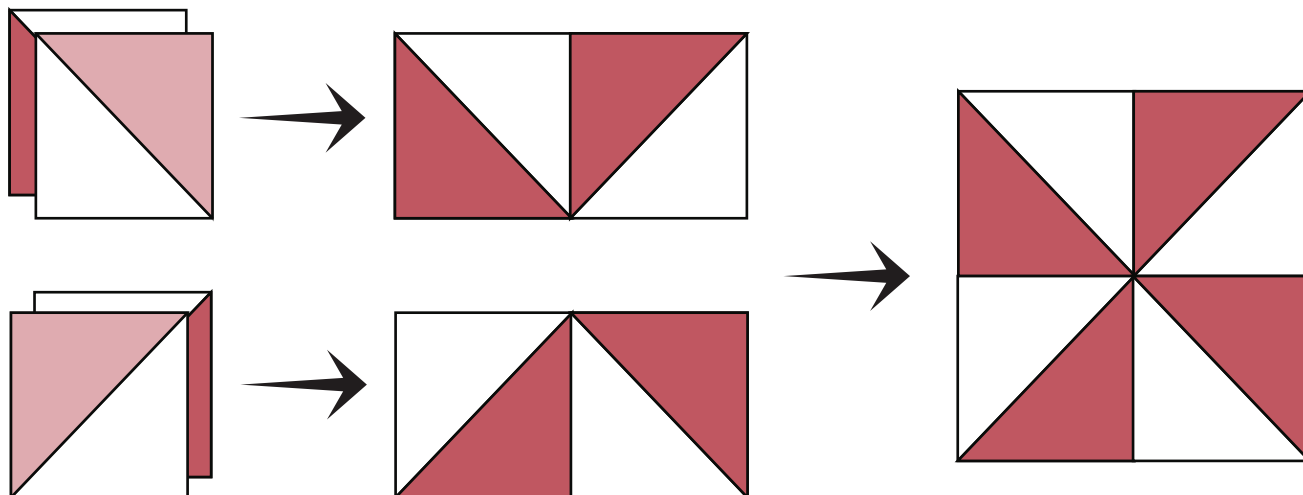


Place the top two blocks right sides together and sew with a 1/4" seam. Press seams open.

Repeat for the bottom two blocks.

Now sew your two newly created sections together with a 1/4" seam to create the final block.

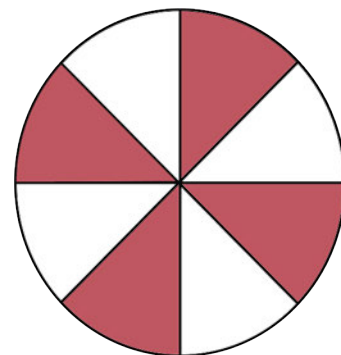
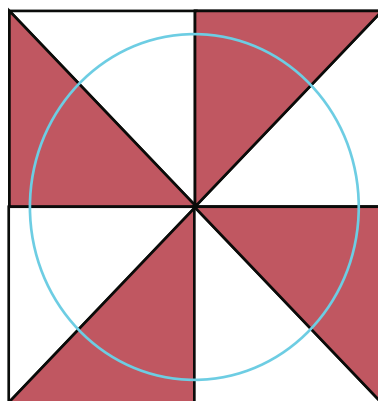
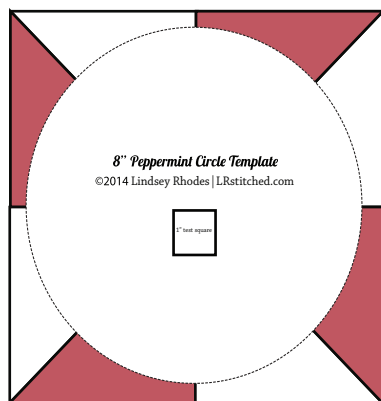
Press well. Your block should measure approx. 8.5" square.



Step Three

To create your peppermint candy, use your cut circle template and center onto your pinwheel block.

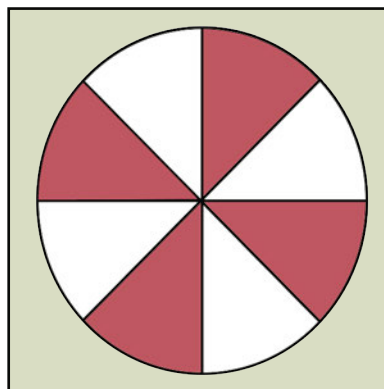
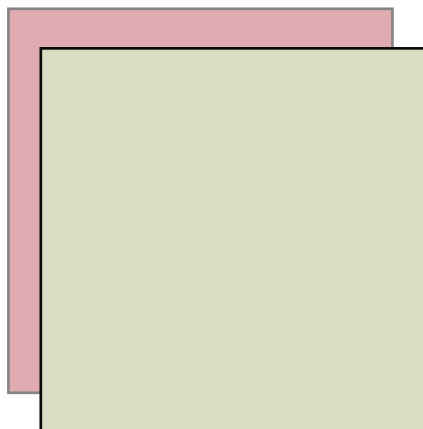
Trace around the template with your fabric marker and then cut out your peppermint.



Step Four

Create a quilt sandwich by layering your backing fabric right side down, next place your batting and place your peppermint cutout on top, right side up.

Baste and quilt as desired and then trim away excess batting and backing.



Step Five

To finish your mug rug, you will need to create a bias binding to bind the circle.

Take your fat quarter of binding fabric and cut your bias strips 2.25" wide.

Attach your bias binding and finish with a handstitch to secure.

** If you have never created a bias binding, Craftsy has a great post that you can find here: <http://www.craftsy.com/blog/2013/03/bias-quilt-binding-three-ways/>



This is a quick project that I hope you enjoy making! Pair with a mug and some hot cocoa or maybe a Starbucks gift card and you'll have a great last minute gift!

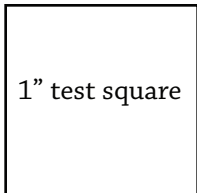
If you make one, I'd love to see it! Tag with #lrstitched on social media to make it easy to find. :)

xo *Lindsey*



8" Peppermint Circle Template

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1" test square